

Don Lugo Dance Department

Course Description

2020-2021

Dance 1, 2, 3

Instructor: Mrs. Avery **Virtual Office Hours:** M/W 1:35-2:20, T/TH 7:30-8:15
Email: Cassandra_Avery@chino.k12.ca.us **Google Voice #:** (951) 790-2680

Class Description:

This is a multilevel course geared to challenge students to expand beyond their current technique and experience level. Students will work individually and collaboratively to achieve desired movement goals. Students can expect to learn the basic fundamentals of several genres of dance including jazz, ballet, lyrical/contemporary, tap and hip-hop. Students will also study dance history, dance terminology, and nutrition. Students will learn dance technique through warm-ups, technique training, and both teacher and student-generated choreography.

Course Objectives:

- Development of dance technique, flexibility, strength, stamina, and transfer of weight.
- Development of movement qualities required for learned genres of dance.
- Improvement of memory; ability to pick up movements/choreography faster and remember them longer.
- Improvement of musicality/timing in dance; learning about rhythm, tempo and phrasing to develop rhythmic skills in dance.
- Integration of critical thinking skills through reading and written assignments in journal format that will enhance learned concepts.

Grades/Feedback: Grades will be determined based on participation and completed classwork. Students will obtain and submit work through Google Classroom. Grades will be updated weekly on Aeries and will reflect work submitted in Google Classroom or completed during class sessions.

Grading Scale:

Attendance	100 points
Daily Participation/Improvement	360 points
Journal Entries/Written Assignments	120 points
Written Quizzes/Tests	100 points
Choreography/Movement Evaluations	120 points
Final Dance Project	400 points
Total	1200 points

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Course Requirements:

ATTENDANCE: Students will participate in daily live movement activities and therefore, must be present with video on to earn attendance points. Students will be deducted 4 points for every unexcused absence. Attendance is vital to a student's overall growth and development and will be taken at the beginning and end of each class session.

DAILY PERFORMANCE/PARTICIPATION: Students will dance live each day with their class. Choreography and new technique will be taught in both live and recorded video format. Full participation is critical to the strength and development of skill and technique in dance. Students will receive 4 points each day for participation. Participation requires being dressed in dance clothes and creating a space to move in (Do you best!). Students will be evaluated according to their level of effort, focus, application of corrections given, and overall improvement. Failure to fully participate, lack of effort, class disruptions, etc., will result in a deduction of daily participation points.

DANCE JOURNAL: Every Friday, students will complete journal assignments to reflect on learned concepts throughout the week. Each journal assignment is worth 10 points.

WRITTEN QUIZZES: Students will complete written quizzes in order to evaluate their knowledge of concepts learned in class. Each quiz is worth 50 points. When absent on a quiz day, students have one week to complete a make up.

CHOREOGRAPHY EVALUATIONS: Students will perform various dance phrases for evaluation. Students will be evaluated on their memorization of choreography along with correct body placement and technique. Evaluations will either be performed live via Google Meet or will be pre-recorded and uploaded in Flip Grid. Choreography evaluations are worth 20 points.

FINAL DANCE PROJECT: Final dance project will either be a live performance or a virtual production/choreography project. Regardless of method performed, project will be mandatory in order to pass the class with a C or above.

Tentative Dance Show Dates:

Winter Dance Production: December 9 & 10, 2020 at 6:00 pm

Dress rehearsal: December 8, 2020 at 2:30pm

Spring Dance Production: May 12, 13, 14, 2021 at 7:00 pm

Dress Rehearsal: May 11, 2021 at 2:30pm

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Class Expectations:



GOOGLE MEET EXPECTATIONS



<h3>BE ON TIME</h3> <p>Wake up early Log on a few minutes before class</p> 	<h3>BE IN A QUIET PLACE</h3> <p>Find a quiet place Check your surroundings to ensure you have space to move</p> 	<h3>BE PREPARED</h3> <p>Computer is charged Camera is on Use headphones if you have them</p> 
<h3>PRESENTATION</h3> <p>Hair pulled back Wear dance appropriate clothing Be in camera view</p> 	<h3>MUTE YOURSELF</h3> <p>Mute yourself when your teacher or another student is talking</p> 	<h3>PARTICIPATION</h3> <p>Be focused Be attentive Be an active participant</p> 
<h3>CHAT RESPONSIBLY</h3> <p>Raise your hand to speak Type your question in the chat box</p> 	<h3>COMMUNICATION</h3> <p>Speak clearly Look up when speaking Stay on topic (No side conversation)</p> 	<h3>BE RESPECTFUL</h3> <p>Be kind Be considerate Be encouraging</p> 

VIRTUAL CLASS MEETINGS:

- During distance learning, all students will be required to come to class with:
 - VIDEO ON
 - Proper dance clothing and hair pulled back
 - Adequate space to move and practice (Try your best!)
 - A willingness to participate and improve
- Since this is a participation based class, it is necessary to be able to see you are moving and actively participating.

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DRESSING OUT: Students are required to dress for class whether class is held virtually or in person. Dance clothes include black yoga pants or leggings and a tight fitted shirt or tank top, and jazz shoes. Please avoid overly baggy clothing and short shorts. Students must pull hair back and out of their face for the entire class period. All students must come to class completely ready.

- Failure to follow these dress guidelines will result in a deduction of daily participation points. Students who do not dress for class will be unable to participate and as a result, will lose all 4 daily participation points.

BE ON TIME: Students are expected to join class a few minutes before the start of class time to avoid tardies. Repeated tardiness will result in a deduction of daily participation points.

CELL PHONES: All cell phones and other distractions must be put away during class time.

SCREEN RECORDING, POSTING, OR SCREENSHOTTING CLASS SESSIONS:

Students are not permitted to record, post, take pictures or screenshot any element of live class instruction.

Medical Excuses:

- If a student needs to be excused from daily activity for one (1) to three (3) days, a written note from his/her parent or legal guardian is required.
 - This note must include the student's name, date of note, reason for excuse, parent signature and daytime phone number where the parent can be reached.
 - Along with a written medical excuse, students with a parent note for medical leave will be required to watch and take notes during class time in order to receive full points for participation.
- If a student needs to be excused from dance activities for more than three days for any medical reason, he/she must have a written doctor's note.
 - This note should include the length of excuse (exact dates), extent of limitations (Can upper torso still be active? Can lower extremities be used?), Doctor's name, signature, and phone number.
 - When a student has a lengthy medical excuse, he/she must complete an alternative assignment to be turned in each week in order to make up for lost participation points. Assignments will be determined based on the reason for the medical leave. Students may work on assignments during class.

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Make-Up Policy:

Each student has the opportunity to make-up minus points accumulated during the 6-week grading period. Make-ups must be turned in by the FIFTH week of each grading period. After this time, make-up assignments will not be accepted. It is the student's responsibility to arrange for make-up work. Students may not turn in more than two make up assignments each grading period unless otherwise arranged with the instructor.

Make-Up Options:

- Written report: One page; subject must be related to dance and must include a works cited page as well as in-text citations in order to receive full credit. Grammar and spelling is included in score of written report (10 points possible).
- Attend or virtually view any performing arts production at DLHS, local community theatre/dance production, college production, etc. The program from the show must be turned in with a signature from the director and a critique observation form evaluating the show in order to earn credit.